Howard Payne University Exercise and Sport Science Degree

Bachelor of Science Degree - Generalist 2015-2016

GENERAL EDUCATION REQUIREMENT

| Dept. | Number | Cr. | | Grade | Dept. | Number | Cr. | |
|---|---|----------------------------------|--|-------|---------------------|------------|--------|--|
| GEN | 1101 | 1 | University Seminar | | GOV | 2311 | 3 | American Government |
| ENG | 1311 | 3 | English Comp I | | SocSci | | 3 | Approved List |
| ENG | 1312 | 3 | English Comp II | | ESS | 1100 | 1 | Principles of Per. Fit. & We |
| ENG | 23 | 3 | English Literature | | ESS | 3130 | 1 | Individual and Dual Act. |
| BIB | 1303 | 3 | Intro. To the Old Test. | | ESS | 3140 | 1 | Lifetime Rec. Act. |
| BIB | 1304 | 3 | Intro. To the New Test | | GEN | 4100 | 1 | Senior Seminar |
| MAT | 1351 | 3 | College Algebra | | | | | |
| SCI | | 4 | Approved List | | | | | |
| COM | 1310 | 3 | Fundamentals of Human Com. | | | | | |
| ine Arts | | 3 | Approved List | | | | | |
| HIS | | 3 | Approved List | | | | | |
| | | | quirements | 1 | Addition | al Require | | |
| BIO | 1410 | 4 | Human Biology | | | | 2 | CIS/Math/Science |
| BIO | 2489 | 4 | Anatomy and Phy I | 4 hrs | | | | |
| BIO | 2499 | 4 | Anatomy and Phy II | | | | | |
| MAT | | | | | | | | |
| | 2342 | 3 | Intro to Prob. & Stat. | | | | | |
| CIS | 2342 1339 | 3 | Intro to Prob. & Stat. Intro to CIS | | | | | Tota |
| CIS | | | | | ESS Stud | dent Selec | cted (| Tot Course Requirements |
| CIS ESS Dept. | 1339 CORE Number | 3 Cr. | Intro to CIS "C" or better grade Required | Grade | Dept. | dent Seled | cted (| · |
| CIS ESS Dept. ESS | 1339 CORE Number 1301 | 3 Cr. | Intro to CIS "C" or better grade Required Foundations of PE | Grade | Dept. | | | Course Requirements Activity Courses (1-4) |
| CIS ESS Dept. ESS ESS | 1339 CORE Number 1301 2110 | Cr. 3 | Intro to CIS "C" or better grade Required Foundations of PE Fitness Activities | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) |
| ESS (Dept. ESS ESS ESS | 1339 CORE Number 1301 2110 2259 | Cr. 3 1 2 | Intro to CIS "C" or better grade Required Foundations of PE Fitness Activities Nutrition for Comp. Ath. | Grade | Dept. | | | Course Requirements Activity Courses (1-4) |
| CIS ESS ESS ESS ESS | 1339 CORE Number 1301 2110 2259 3303 | Cr. 3 1 2 3 | Intro to CIS "C" or better grade Required Foundations of PE Fitness Activities Nutrition for Comp. Ath. Kinesiology | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) |
| ESS (ESS) ESS (ESS) ESS | 1339 CORE Number 1301 2110 2259 3303 3304 | Cr. 3 1 2 3 3 3 | Intro to CIS "C" or better grade Required Foundations of PE Fitness Activities Nutrition for Comp. Ath. Kinesiology Exercise Physiology | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) |
| CIS ESS Dept. ESS ESS ESS ESS ESS ESS ESS | 1339 CORE Number 1301 2110 2259 3303 3304 3325 | Cr. 3 1 2 3 3 3 3 | Foundations of PE Fitness Activities Nutrition for Comp. Ath. Kinesiology Exercise Physiology Lifespan Motor Devel. | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) |
| CIS Dept. ESS ESS ESS ESS ESS ESS ESS ESS ESS | 1339 CORE Number 1301 2110 2259 3303 3304 3325 3306 | Cr. 3 1 2 3 3 3 3 3 | Foundations of PE Fitness Activities Nutrition for Comp. Ath. Kinesiology Exercise Physiology Lifespan Motor Devel. Psychology of Exercise | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) |
| CIS Dept. ESS ESS ESS ESS ESS ESS ESS ESS ESS ES | 1339 CORE Number 1301 2110 2259 3303 3304 3325 3306 4305 | Cr. 3 1 2 3 3 3 3 3 3 3 | Foundations of PE Fitness Activities Nutrition for Comp. Ath. Kinesiology Exercise Physiology Lifespan Motor Devel. Psychology of Exercise Test and Measures | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) |
| CIS Dept. ESS ESS ESS ESS ESS ESS ESS ESS ESS ES | 1339 CORE Number 1301 2110 2259 3303 3304 3325 3306 4305 4206 | Cr. 3 1 2 3 3 3 3 3 2 | Foundations of PE Fitness Activities Nutrition for Comp. Ath. Kinesiology Exercise Physiology Lifespan Motor Devel. Psychology of Exercise Test and Measures Issues in ESS | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) |
| CIS Dept. ESS ESS ESS ESS ESS ESS ESS ESS ESS ES | 1339 CORE Number 1301 2110 2259 3303 3304 3325 3306 4305 4206 4331 | Cr. 3 1 2 3 3 3 3 2 2 3 | Foundations of PE Fitness Activities Nutrition for Comp. Ath. Kinesiology Exercise Physiology Lifespan Motor Devel. Psychology of Exercise Test and Measures | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) Internship (1-12) |
| CIS Dept. ESS ESS ESS ESS ESS ESS ESS ESS ESS ES | 1339 CORE Number 1301 2110 2259 3303 3304 3325 3306 4305 4206 | Cr. 3 1 2 3 3 3 3 3 2 | Foundations of PE Fitness Activities Nutrition for Comp. Ath. Kinesiology Exercise Physiology Lifespan Motor Devel. Psychology of Exercise Test and Measures Issues in ESS | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) |
| CIS ESS ESS ESS ESS ESS ESS ESS | 1339 CORE Number 1301 2110 2259 3303 3304 3325 3306 4305 4206 4331 Total | Cr. 3 1 2 3 3 3 3 2 2 3 26 | Foundations of PE Fitness Activities Nutrition for Comp. Ath. Kinesiology Exercise Physiology Lifespan Motor Devel. Psychology of Exercise Test and Measures Issues in ESS | Grade | Dept. ESS ESS | | | Activity Courses (1-4) 2000 and above (6-13) Internship (1-12) |
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Electives

| Dept. | Number | Cr. | Approved Substitution | Grade | Dept. | Number | Cr. | Approved Substitution |
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